



Kyoukei Goju Ryu Karate

Kyoukei Goju Ryu Karate classes

Risk identifier & assessment.

Information of Activity

Activity: Karate training while pregnant Location: Kyoukei Goju Ryu Karate classes

Identified by: Marty Bodsworth Date: 10th September 2008

Identified Hazard / Aspect: Student practicing Karate while pregnant could place herself in jeopardy of harming herself or the unborn baby.

Risk Analysis matrix – level of risk

Likelihood	Consequences					Hierarchy of Risk Controls
	1 Insignificant	2 Minor	3 Moderate	4 Major	5 Catastrophic	
A Almost Certain						Elimination is a permanent solution and should be attempted in the first instance.
B Likely						Substitution involves replacing the hazard or environmental aspect by one of lower risk.
C Possible						Engineering controls involve physical barriers or structural changes to the environment or process.
D Unlikely					x	Administrative controls reduce hazard by altering procedures and providing instructions.
E Rare						Personal protective equipment last resort or temporary control.

Details of Action to be Taken

Actions: *(These should be determined by both the person(s) identifying the risk)*
When determining action refer to Hierarchy of Risk Control

Person assessing the risk: M.Bodsworth & S.McIntyre Date: 10th September 2008

Instructors should request that the student provide them with a certificate for the next 4 weeks from their doctor allowing them to train. The instructor should not allow the student to train in any other capacity than what is advised by the Doctor.

There will be absolutely no contact in any form while the student is pregnant.

All care to be taken by student, instructor and club during the pregnancy.

If a certificate cannot be supplied then training will cease until one is provided or the pregnancy is over.

Actions Completed

Actions by: Marty Bodsworth Sign  Date 10th September 2008