



The Kicker

Hello members,

Please remember that to keep updated with club information, we need your current **working email address**, or for you to be a member of our Facebook group.

Saturday class has been implemented this year, so far only a few students are taking advantage of this class, the attendance numbers are slowly rising.

Please remember that there are no SATURDAY classes during school holidays or on any weekend that has a public holiday attached to it. Barring the above the **first Saturday** is always an advanced class for 4th kyu and above. If numbers don't rise to support this class we may consider cancelling it at the end of the year.

Club camp (cabin accommodation) is on November 19-21 this year, there are only 100 places available to stay on site, we have invited three other clubs, St Clair Dojo, Sensei Jims and also Sensei Pauls students as well as Sensei Rene's students and Budo Ryu from St Marys, they are all friends of our club and should help provide a fun informative weekend. So, we imagine places will fill quickly so to ensure your place get you payment and form in asap.

Last year our members attendance was outnumbered by just one other club, I would like to turn this number around in 2010 (camp date is Nov 19/20/21) and have mostly our members, as mentioned previous, we number 106 members. There will be incentives for our club members and their family to attend:

Family members are encouraged to attend as well.

Early birds that pay in full by August 15 will pay \$15 less for individuals and \$20 less for families.

If full payment is received after August 15 then full non discounted fee must be paid.

There will be activities for family members not doing Karate (majority choice will select activity) This will be free to early birds and half price to all other Kyousei members, other clubs will pay full price for activity.

Members attending for Karate activities will be expected to attend all sessions and training schedules as listed. A full letter for camp is also attached to this newsletter.

Congratulations to Jadeine and Renee for winning the jnr and snr Kumite divisions respectively at last years camp, they not only won a medal for 1st place but they also went home with a

brand new Bo (staff) each.

Recently we had 8 of our members attend a **tournament** at Picton, they did an outstanding job returning with 16 trophies. Well done everybody.

The first three members to compete in the Female open Kata were Khia Purvis, Yesil Shevket and Felicity Long. All three girls performed well, Khia took third place while Felicity took 2nd performing a fantastic rendition of a Kata called Shushaku a modern Meibukan Kata, nobody had seen this performed before and all were very impressed with it. Next up was Jacqui West From Oakhurst who claimed 2nd in the female 12-14years kata.

Kumite was the next main event and Jacqui West was first to claim a 2nd place in 14-15trs female kumite, whilst Yesil Shevket and Renee Farebrother won 2nd and 3rd (respectively) in 16-17yrs female kumite.

Khia Purvis and Felicity long were next on to the mats and placed 2nd and 3rd in the woman's open kumite event while Hannah Purvis who after receiving a jodan seiken (head strike) to the eye got a 1st place in the 12-13 years showing great spirit and determination.

Our next competitor was the only male in the team and it happened to be his very first tournament, after only 12 months of training Matt White took out 2nd place showing great spirit fighting against and beating his final opponent, the tallest competitor of the day at nearly 7ft tall.

Then after a break for lunch the Koshiki (full contact) event started and our members performed very well with Trish Purvis taking 1st place in the 14-15 years female event, Yesil Shevket and Renee Farebrother took 2nd and 3rd in 16-17yrs female, Felicity Long won herself a 2nd place in the senior female open division landing a massive head strike that shook her competitor and Matt White took another 2nd place in the male under brown belt division. And Hannah Purvis won another 1st Place for full contact.

On a personal note (from Sensei Marty) I watched every event our members went into that day, I also reviewed 'all' of the video footage and noticed two things we did that no other club did, 1— our students not once turned their head away from an attack 2— every single fight they had was on the attack, nobody took a step backwards. Excellent work everybody!

A big congratulations to everybody that attended the Main class and also the Tiny Tigers **gradings**, you all performed very well.

Recently, we have had special visits from an old friend Sensei Rene Tleige from Fairfield Dojo at the Saturday and Friday classes, he was blown away at the quality of our students, especially the white belts, again we have proven that what we do works and we are well above the industry standard in student quality, you should all be proud!

Our own club tournament will be held Sunday 19th September, this tournament will be an excellent event for all of our members to enter, it is safe with children having no contact, advanced students are allowed some leeway when it comes to contact to the body, but there is a no contact to the head rule for all.

at this stage it looks like it will be held at a larger facility at Quakers Hill Community Centre, you will be updated once a location has been decided.

There will be a 5th Dan Shihan visiting and training with us soon, please show him the respect he deserves during that class, he has been training in Goju Karate since the early 60's.

Club disco was held recently, we had about 30 from our club and 90 from two other clubs. What a great night, everybody was well behaved and really in the spirit of things. We have another disco booked for October, we need to know if you want a Halloween themed dress up disco 6-10pm or a Pajama movie night 6-11pm? Let us know your preference!

Important:

All members are required to know and understand the club rules and **safe work practices** of the club. These are included with all emails and available on our website for your convenience.

Could all parents please ensure that children understand that they must **not leave the hall** when in class unless they obtain permission, after class no child is to leave the hall until their parents attend to pick them up, it would be appreciated if parents could be at the hall no later than 7:30pm/8:30pm to avoid your child panicking, if you are late, your child must know to stay with us until you arrive or we can get them home.

NO child under 16 years old may enter the **kitchen** area without permission/supervision. In the kitchen there is a stove/oven and also a hot water system on the wall, all of these items can do serious long term harm to a child. These policies are in place to protect our members, your children.

If you have thoughts or ideas regarding safe work practice, please see your instructor

Female members please read.

It is being considered making **chest plates** mandatory when performing kumite in class, it is felt that this is a severe safety issue considering how our female members fight (direct hits to the chest area on females could lead to problems later on in life) and the number of hits being taken lately, the other option is to make kumite no contact at all, this would go against our styles tradition. It would be appreciated if you would forward any concerns/recommendations/suggestions to Sensei Marty ASAP for consideration either for or against the proposal. The cut off for submission will be 9th June 2010. The MORE input we have from you the better informed decision can be made.

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I want to thank all of our members and their families for their efforts in selling the chocolates for the fundraiser. Some of the funds raised will go towards replacing our body shields that are showing signs of wear and tear, the replacements will cost more but will be better quality and will last longer.

Forewell to Bo, Jadeine and Harrison, all three have moved away for different reasons and we wish them luck for the future. Remember guys, you are a part of our family and will always be welcome.

We are now full members of the **Australian Federation of Traditional Karate (AFTK)**, this gives our club recognition with the Australian Traditional Karate community and expands our contacts throughout the country.

Very soon we will be running a training day for Koshiki, our instructors will be learning the rules and judging side of things, our Black and brown belts will be 'required' to attend so they can gain experience in using the equipment, learn rules (this will help you win).

This will allow us to add Koshiki to our tournament lineup in September.

This training day will probably be on a Sunday and locally at another dojo. If you are invited (or you are really interested) you should use the opportunity for a free training session in Koshiki to your advantage. Ask those who have competed if you are unsure.

WINTER is fast approaching, get in now and order your **club jacket**, a final order will be placed very soon, so don't miss out.

Class/Club Fees 2010

Joining fee \$55 each (includes uniform—new members)

Re-join fee \$45 each (current members)

Class fees

Single \$8 kids and \$10 adults

2 family members \$7 kids or \$9 adults

Family of 3 \$21 (\$7 each)

Family of 4 or more capped at \$25 per class.

****all family members must train to get the discounts, if not then regular fee applies****

See the attached list for more details.

This supersedes all other arrangements.

Please be fair to your fellow members and pay the correct training fee. Thankyou

*****Notice** - From 2011 there will be a slight adjustment in class fees only, children's fees will rise to \$10 a class, All other fees and prices will remain the same. This is the first rise in class fees since 2006, we maintained our fee structure last year throughout the financial crisis especially knowing that some of our members would be doing it tough. Unfortunately due to the rise in costs of just about everything to do with running our club (hall rent has risen 4 times in two years) we have no choice but to adjust our fees. We thank you for your support and understanding. New family discount rate will apply, see table below for the new 2011 prices.

Class/Club Fees 2011

Joining fee \$55 each (includes uniform/insurance and association fees—new members)

Re-join fee \$45 each (insurance and association fees—current members)

Class fees

Single \$10 kids and \$10 adults

2 family members \$9 kids or \$9 adults

Family of 3 \$24 (\$8 each)

Family of 4 or more capped at \$28 per class.

Attached to this newsletter:

Safe work practices

Club rules

Camp forms

Class fee list

Members order form

Please remember, when **signing in** to move away from the table to allow others to sign in, you should not "Hang

around" the table any time, only Sensei and Sempei are permitted behind the table, all bags should be placed in or on the kitchen counter neatly (juniors need permission/supervision to enter the kitchen).

Before class you should be warming up, stretching or practicing, not yelling and running around. Do mum a favour and don't slide on your knees in your uniform.

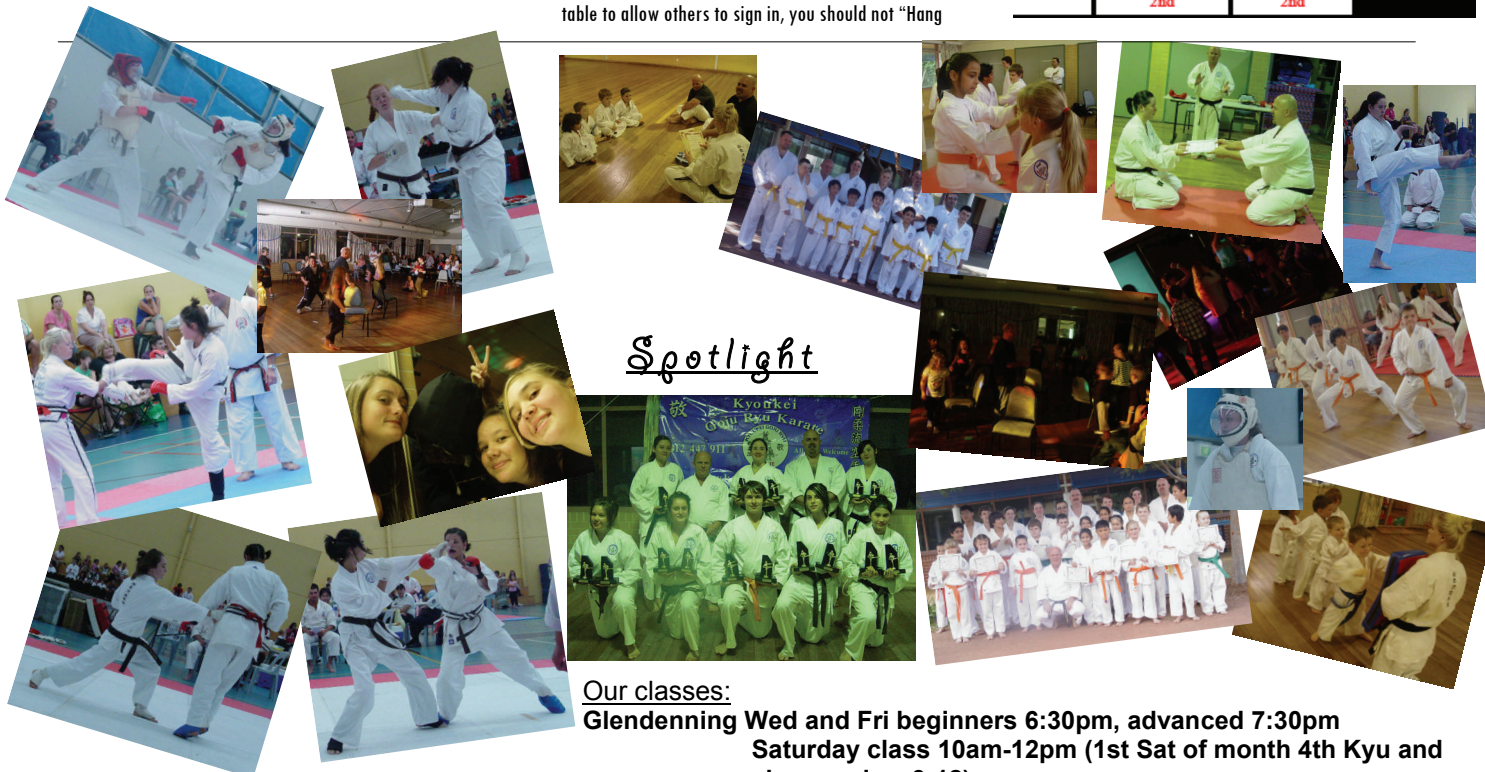
*****Reminder to scan in to every class!** We use this to know if you have enough classes required for grading. An example is when I counted a class of 61 a few weeks ago but my database shows only 43 scanned in to class.

Remember, if you need a DJ for your next event, book Dave on 9833 7961 or 0412 050 860 or see your instructor, his rates are reasonable and he supports our club throughout the year,

KYOUKEI GOJU RYU

Tournament Entries 28 March 2010

Name	Kata	Points	Koshiki Full contact
Renee Farebrother		Female 16-17yrs 3rd	Female 16-17yrs 3rd
Felicity Long	Female Ssr 2nd	Ssr Female open 3rd	Ssr Female open 2nd
Yesil Shevet	Female 15-17yrs	Female 16-17yrs 1st	Female 16-17yrs 2nd
Matt White		Male Senior U/Brown 2nd	Male U/ Brown U/ 80 kg 2nd
Trisha Purvis	Female 15-17yrs		Female 14-15yrs 1st
Khia Purvis	Female Ssr 3rd	Female Ssr open 2nd	
Hannah Purvis		Female 12-13yrs 1st	Female 12-13yrs 1st
Jacqui West	Female 12-14yrs 2nd	Female 14-15yrs 2nd	



Spotlight

Our classes:

Glendenning Wed and Fri beginners 6:30pm, advanced 7:30pm

Saturday class 10am-12pm (1st Sat of month 4th Kyu and above only ...9-12)

Glendenning Tiny Tigers 2-5yrs, Wed 5:30pm, Weapons Wed 5:30pm

Doonside Mon 6:00pm (behind the IGA shops) 7pm advance class 2010

Quakers Hill Tue 6:30pm Barnier Public School (entrance to hall via carpark).

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and Facebook